

Looking to the Future...

an update on progress



Introduction

July marks the 60th anniversary of the NHS. It is a perfect time for us to reflect on our achievements and progress in implementing the decisions taken by a joint committee of the Calderdale and Huddersfield Primary Care Trust Boards in March 2006, and look to the future.

In this newsletter you will find updates on changes to improve hospital services, new mental health services at Fieldhead, consultant-led outreach clinics at Almondbury and Fartown,

improved access to primary care professionals, developments at the Holme Valley Memorial Hospital and options to improve the delivery of primary care in Todmorden and Brighouse.

We hope that this summer update gives you a feel for what has been going on behind the scenes. Our staff and partners are working hard to make sure that we provide excellent healthcare services in the community, and safe, specialist care in our hospitals.



Mike Potts
Chief Executive
Kirklees PCT



Rob Webster
Chief Executive
Calderdale PCT



Diane Whittingham
Chief Executive
Calderdale &
Huddersfield
NHS Foundation Trust



Steven Michael
Chief Executive
South West
Yorkshire Mental
Health Trust

PracticePlus

Bringing more GPs to Calderdale

Calderdale has been identified as one of the 25% least well served areas for GPs nationally. As a result the government will be providing additional funding to Calderdale PCT to improve access to GPs in the area. The new services will meet the needs of 18,000 people across Calderdale and will be focused on the areas with the greatest health needs which are West Central Halifax, Illingworth and Mixenden, Sowerby Bridge, Todmorden and Elland.



The project is known locally as PracticePlus. Residents can expect to see the first phase of the new services introduced in December 2008.

PCT staff have been out and about informing patients and the public and asking for feedback on the proposals, including the location of walk-in services available from 8am until 8pm.

Route to a solution

More than 120 GPs, practice staff, district nurses, operational teams and PCT managers, met at Galpharm Stadium in June as part of the 'Route to a Solution' process for modernising community nursing. During the event, Mike Potts, Chief Executive of Kirklees PCT announced a £1.7 million investment to support the modernisation programme. Practices across all localities agreed to the principle of community teams based in practice units to deliver joint care and increased flexibility of roles.

The agreed new ways of working will be fully operational by 1 October 2008.

GP-Led Health Centre

At the end of last year, the Secretary of State for Health announced a national initiative to improve access to GP services for everyone. The 'GP led health centre' scheme made a commitment to opening an extra 150 new practices, in a number of locations across England, by spring 2009.

Kirklees is one of the areas that will be having at least one GP led health centre. The new centre will be based in Dewsbury Health Centre as Dewsbury is the locality with

the highest list sizes and significant health needs.

The new practice will have a set of core services available between 8am and 8pm, Monday to Sunday. Services will include:

- Walk-in GP services
- Enhanced services such as minor surgery
- Open 8am-8pm, 7 days a week
- Bookable GP appointments
- Services for registered and non-registered patients.

Developments at Holme Valley Memorial Hospital

Following a review of the bed requirement at Holme Valley Memorial Hospital (HVMH) the Kirklees PCT Board has approved a budget of £2m to completely revamp the ward provision at the hospital. This will see the conversion, together with some elements of new build, of Hawthorne Ward on the site to become a 20 bedded unit. This unit will have modern facilities, including en suite rooms,

piped oxygen and improved common areas. The extra building will house a new kitchen and an improved day room. Building work is expected to start in autumn with completion expected in March 2009. A development plan for the rest of the hospital site is currently being worked up, with involvement from a vast range of people and clinicians.

Developments in Brighouse and Todmorden

Calderdale Primary Care Trust (PCT) is looking at options to improve the delivery of primary care in Brighouse and Rastrick. Following recent feedback from the public, a number of options are being considered, including a new health centre in Brighouse and redeveloping premises in Rastrick. The health centre in Brighouse will provide facilities for primary and secondary care services, local authority staff such as social workers, and community staff. The aim of the development is to provide a range of services for local people in one central location. The building will be accessible for disabled people and fitted out to the best

modern standards.

Patients from the locality have been engaged to collate their views and their feedback will inform the scope and location of services provided.

The construction of the new Todmorden Health Centre is on track, and is expected to open in the Autumn. The GP practice, PCT and Calderdale and Huddersfield NHS Foundation Trust are working together to use the state of the art premises to deliver improvements in health outcomes and better access to services for the population of Todmorden.

Extra service at the Grange Group Practice

Adults with diabetes are benefiting from a new service closer to home.

The Calderdale and Huddersfield NHS Foundation Trust has introduced diabetes outreach clinics at the Grange Group Practice, Fartown. The new service is in addition to the diabetes clinic held at the Grange.

The service aims to help people with diabetes to manage their condition and improve their quality of life through a partnership approach to education, medication and the use of current technology.

Dr Tony Burrows, consultant physician at the hospital trust and Kate Garside, a health care assistant at the practice, run the clinics.



Dr Tony Burrows, consultant physician at the hospital trust

Official opening!



Diane Whittingham pictured with Barry Sheerman, MP for Huddersfield and Kali Mountford, MP for Colne Valley.

MPs Barry Sheerman and Kali Mountford jointly unveiled the plaque at the official opening of the Birth Centre at Huddersfield Royal Infirmary.

The Birth Centre has celebrated more than 150 births, since it opened its doors at the beginning of March.

MP Kali Mountford, said: "I want babies to be born in Huddersfield and in as natural an environment as possible. Congratulations on making this a home from home."

MP Barry Sheerman said: "This is a beautiful innovation. This is a

fantastic hospital with a great history. It is one of the top Trusts in the country due to the staff. It is only when you come to somewhere like this that you realise what wonderful people we have in the NHS."



Alec Waddington, the 100th baby born at the Huddersfield Family Birth Centre with parents Joanne and Seton

Next steps to improve hospital services

This summer will see the final major changes in our hospital services as part of moves to modernise healthcare to face the challenges of the future.

The first major changes took place last year when Huddersfield Royal Infirmary became the centre for emergency surgery, planned complex surgery and emergency paediatric (children's) surgery. Calderdale Royal Hospital became the centre for planned inpatient orthopaedic and general surgery and home to a dedicated women's unit for breast and gynaecology inpatients.

Since then work has been continuing throughout this year to make changes in our Children and Women's services and this August will see:

- The centralisation of consultant-led maternity care at

Calderdale Royal Hospital

- A paediatric assessment unit at Huddersfield Royal Infirmary and centralised inpatient paediatric care at Calderdale Royal Hospital
- The centralisation of care for poorly babies at Calderdale Royal Hospital.

New midwife-led unit

In preparation for the changes later this summer work has been taking place at Calderdale Royal Hospital to improve and modernise its midwife-led unit with the creation of the new Calderdale Birth Centre.

The new unit has six rooms and another with a birthing pool and all rooms have ensuite facilities. The colour



Workers in the reception area at the new MLU

schemes, fittings and soft furnishing are modern and add to the homely environment.

One room has a birthing sling, which uses gravity to aid a smooth birth. Also available are birthing balls, birthing stools and aromatherapy. Gas and air will be on hand for pain-relief in every room in the unit.

Extended and improved care for poorly babies

The new neonatal unit at Calderdale Royal Hospital has been completely renovated ready for the centralisation of the service at the hospital in August. It is now the most modern unit in Yorkshire.

It will be the fourth largest unit in the Yorkshire Neonatal Network and the work has ensured that the hospital trust retains level two status for neonatal care, which means that we will be able to continue to deliver intensive care to babies locally.

The work has taken more than three months and the unit will now be able to house six neonatal intensive care cots (for the poorest babies) and 20 special care cots.

Improvements to the unit have included:

- Upgraded air-conditioning, ensuring that we can provide an optimum environment for the babies.

- Improved lighting with individual dimmer switches over each cot area to allow staff to meet the developmental needs of preterm babies.
- Upgraded intensive care facilities to meet the most recent hospital building standards for neonatal units.
- Four improved mother and baby rooms with facilities for partners to stay overnight
- A new parents' sitting room with tea and coffee making facilities.

Around £100,000 has been invested in new equipment including ventilators, infusion pumps, oxygen saturation monitors and breast pumps. The unit will also house the breast milk bank, which stores donated milk that is screened and then used to feed the at risk premature babies.

St Luke's Hospital

The planning for the final acute services to be relocated from St Luke's Hospital is continuing. These services include:

- Barton Rehabilitation Unit
- Renal dialysis
- Neurology outpatients
- Physiotherapy (Crosland Moor locality)
- Wheelchair services
- Transport services.

Summer School



School Nurses from Calderdale Primary Trust are to offer their services year round, rather than on a term-time basis only. This summer, four school nurses and three staff nurses will begin to operate on a full-time basis.

The change to the service will mean that there is service continuity for children and their families. Nurses will conduct home visits out of term and will hold drop-in clinics in the community to provide support and advice to young people. They will also provide ongoing input into health promotion activities such as weight management plans, and ensure seamless child protection support.

New service at Almondbury Surgery

A new local service for women is being provided from Almondbury Surgery

Kaly Bharbra, consultant gynaecologist is holding monthly gynaecology outpatient clinics.

Coil insertion, polyp removal and hormone implants are among the

procedures carried out.

Kaly said: "We know that many women find attending a community clinic far less stressful than attending a busy hospital. We are delighted to be able to offer women the choice of attending a clinic closer to their home."

Steady away!

People over the age of 50 in Calderdale who are at risk of falling, are benefiting from a new falls prevention programme. Calderdale Primary Care Trust is one of the first trusts in the country to employ a team of falls prevention workers. Working under the direction of a specialist falls practitioner, the team will raise awareness of falls and how they can be prevented, carry out screening to those at high risk, educate and advise individuals and groups to manage their specific falls risk and deliver a programme of balance and strengthening exercise.

The new team has been funded through the Partnerships for Older People Projects (POPPS).



Moving forward with all of us in mind



Cutting the 60th anniversary cake: Trust Chair and Chief Executive join Members' Council representatives to mark the occasion.

New facilities open

In response to public consultation, South West Yorkshire Mental Health NHS Trust is carrying out a range of plans to relocate services currently provided on the St Luke's site in Huddersfield.

The Trust has redeveloped a number of buildings at Fieldhead in Wakefield to create new facilities for people from Calderdale, Kirklees and Wakefield who need care in a low secure setting. This summer marks the opening of the newly refurbished buildings, which have seen investment of over £7m.

The new facilities provide an increased number of beds as well as recreational and therapy space using modern, innovative design. People who were receiving care at the Castle Hill Unit on the St Luke's Hospital site in Huddersfield are the first to move into the new facility and take advantage of

the increased space.

Summer 2008 also sees the opening of an adjoining therapy centre on the Fieldhead site. In this exciting development service users will have access to specialist therapy and recreational facilities which include a café, a gym, a music room, IT suite and art studio.

Trust looks forward to future

More than 9,800 local people have now joined South West Yorkshire Mental Health NHS Trust as members as the Trust looks forward to its anticipated authorisation as a Foundation Trust at the end of 2008. A Foundation Trust is a different type of NHS organisation based on local people having a greater say by becoming members.

The Trust is embracing the extra opportunities now available to work alongside local people, both through the Members' Council and the growing membership. The first events for members were held in July in Wakefield and Huddersfield and were a great success with more than 200 local people attending the events which included live drama and music performances as well as information about local self-help groups and Trust services. The events were also an opportunity to celebrate the 60th anniversary of the NHS.

Further events will be held for Trust

members to coincide with World Mental Health Day celebrations in October 2008. To find out more about the events or how to become a member, visit, www.southwestyorkshire.nhs.uk or call 01924 327567.

Creating a place of safety

A facility for people in Calderdale, Kirklees or Wakefield who may be experiencing mental distress was opened by the Trust on 1st July 2008. The new 'Trinity suite' will help to decriminalise those held under Section 136 of the Mental Health Act as a police station will no longer be the only designated place of safety for Section 136 assessments.

The Trinity Suite, based in Wakefield has been developed in partnership by local organisations including the Trust, West Yorkshire Police, the Calderdale, Kirklees and Wakefield PCTs, Calderdale and Huddersfield NHS Foundation Trust and local authorities.

The facility enables the assessment of a person that the police believe to be suffering from a serious mental health problem and in need of immediate assessment. Until now the only Section 136 place of safety in Calderdale, Kirklees and Wakefield where assessment could be carried out was a police cell. The Trinity Suite will now provide an alternative. A second 136 suite will be opened at The Dales unit, Calderdale Royal Hospital in Halifax later this year.