

It doesn't have to be A&E.



**Unexpected
sickness.
Severe pain.
Worsening health
conditions.**

**Ring West Yorkshire
Urgent Care Services on
0345 605 9999.**



**Hangover.
Grazed knee.
Sore throat.
Cough.**

**Take care of yourself.
Keep a well stocked
medicine cabinet.**



**Unwell.
Unsure.
Confused.
Need help.**

**Call NHS Direct on
0845 4647 or visit
www.nhsdirect.nhs.uk**



**Diarrhoea.
Runny nose.
Painful cough.
Headache.**

**Go to your nearest
pharmacy (chemist).**



**Being sick.
Ear pain.
Stomach bugs.
Backache.**

Call your GP.



**Cuts.
Strains.
Rashes.
Sprains.**

**Go to the nearest walk-in
centre or minor injuries unit.**



**Choking.
Chest pain.
Severe bleeding.
Blacking out.**

Go to A&E or ring 999.



Keep these numbers handy

West Yorkshire Urgent Care Service 0345 605 9999

When you need healthcare in a hurry, 24 hours a day.¹



NHS Direct 0845 4647

For health advice or information by phone or on the internet
24 hours a day.²



Your GP (family doctor) Write the number here:

Out of hours you will be directed to West Yorkshire Urgent
Care Service.



Your nearest walk-in centre / minor injuries unit is:

Locala Walk-in Centre

Dewsbury and District Hospital (within A&E), Halifax Road,
Dewsbury, WF13 4HS. Opening times: 9am–7pm Monday
to Friday, 10am–6pm Saturday, Sunday and Bank Holidays.



GP-led Health Centre

School House Practice, Dewsbury Health Centre, Wellington
Road, Dewsbury, WF13 1HN. Opening times for patients who
are not registered at School House Practice: Monday to Friday
12 noon–8pm, Saturday, Sunday and Bank Holidays 8am–8pm.
For registered patients: every day 8am–8pm.



**If you want this information in another language
or format ring 01484 464273.**



**If you have a smartphone,
you can now download a
free app for Android and
iPhones.**



¹ Calls to 03 numbers should cost no more than 01 or 02 local calls and may be part of your inclusive minutes. Subject to provider and call package. Calls from mobiles may vary depending on your network provider.

² Calls to NHS Direct cost a maximum of 5 pence per minute from a BT landline. Calls from mobiles and other networks may vary. Your service provider may charge a minimum cost per call. For patients' safety, calls to NHS Direct are recorded.