

About my annual health check page 1



Every year I can make an appointment at my doctor's surgery for my annual health check.

At my annual health check someone at the surgery will talk to me to make sure I am getting everything I need to keep me well.



My next annual health check is on:



Things I need to talk about at my next annual health check.



To improve my health, I need to:

I do this by:

The people who help me to do this are:

My plan must be reviewed by: