

# About my teeth



A dentist is someone who helps me look after my teeth. My dentist's name is



My dentist's address is



My dentist's telephone number is



My dentist is open

## Did you know...?

I should have a check up at the dentist at least once a year.

I may be able to get treatment free depending on what benefits I receive.

I can go to see my dentist if I have a problem with my teeth.

**If I can't get an appointment to see my dentist I should contact PALS on 01484 464464 and they will help me.**

**If I don't have a dentist I can contact PALS on 01484 464464.**

**If I am in a lot of pain I can call the Dental Emergency line on 0845 1220221.**