

Ready to quit?

Kirklees Stop Smoking Service programme of sessions

We provide free, confidential, practical, help and support from dedicated NHS professionals when you are ready to stop.

Below are the locations of our stop smoking sessions. Some of these are open groups and you are welcome to just turn up. If you would prefer a 1:1 appointment or are pregnant please contact us and we will do our best to arrange a convenient appointment for you.

Daytimes - Huddersfield

Chestnut Community Centre (Maternity/relatives only)

Mondays 9am – 12pm *1:1 sessions*

Fartown Health Centre

Wednesday 1 – 5pm *1:1 sessions*

Gateway to Care

Wednesdays 1pm *Open group**

Huddersfield Royal Infirmary

Tuesdays 9am – 12pm *1:1 sessions*

Thursdays 4pm – 7.30pm *1:1 sessions*

Mill Hill Health Centre

Mondays 1pm – 7.30pm *1:1 sessions*

Tuesdays 1pm – 5pm *1:1 sessions*

Thursdays 1pm – 5pm *1:1 sessions*

** Open groups commence at the time stated - no appointment necessary*

Daytimes - Batley, Dewsbury & Spen

Batley Health Centre

Mondays 2pm *Open group**

Tuesdays 9am – 1pm *1:1 sessions*

Fridays 1pm – 4.30pm *1:1 sessions*

Cleckheaton Health Centre

Tuesday 2pm *Open group**

Thursdays 1pm - 4pm *1:1 sessions*

Dewsbury Health Centre

Tuesdays 9am – 11am *1:1 sessions*

Wednesdays 2pm – 5pm *1:1 sessions*

Fridays 9am – 12pm *1:1 sessions*

Dewsbury & District Hospital (Antenatal only)

Tuesdays 10am – 12pm *Open group**

Tuesdays 2pm – 4pm *Open group**

Ravensthorpe Health Centre

Thursdays 2pm *Open group**

1:1 sessions – please check availability

** Open groups commence at the time stated - no appointment necessary*

Evening open groups

No need to book, just come along at the time stated and find out more.

Mill Hill Health Centre, Huddersfield

Every Wednesday, 6.30pm

Cleckheaton Health Centre

Every Thursday, 7pm

Dewsbury Health Centre

Every Wednesday, 7pm

Sessions are subject to change, please ring for up-to-date information.

For more information contact the Kirklees Stop Smoking Service on:

Huddersfield - 01484 344285

Batley/Dewsbury/Spen - 01924 351498

